

Jeff Hills

From: Jordan Olivo
Sent: Friday, March 20, 2020 1:36 PM
To: PF Staff
Subject: FW: PF Compiled COVID-19 Resources

Importance: High

Team,

I've received additional updates and included them in the first bullet points in the below e-mail (and in this one) to help you screen yourself and loved ones if you suspect infection. I'll work on updating the copies that are in the other areas too.

- A. **Prevention (Information from Emmet County EMTs)**
1. *Treatment Protocol (80% of infected have flu-like symptoms)*
 - a) *Fever = stay home and isolate*
 - b) *Runny nose = stay home and isolate*
 - c) *Drainage = stay home and isolate*
 - d) *Trouble breathing/shortness of breath = **seek emergency care***
 2. *Other Symptoms*
 - a) *87% get a fever*
 - b) *67% get a dry cough*
 - c) *38% experience fatigue*
 - d) *33% drainage in back of throat*
 - e) *18% shortness of breath*
 - f) *14% joint pain*
 - g) *13% sore throat*
 - h) *11% chills*
 - i) *5% nausea/vomiting*
 - j) *4% nasal congestion*
 - k) *3.7% diarrhea*

Thank you and stay tuned!

Jordan Olivo, People Operations Generalist

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From: Jordan Olivo
Sent: Friday, March 20, 2020 12:13 PM